

STAY POSITIVE: PART 1

***"The Eternal Optometrist"***

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(Philippians 4:4-8)

**ALL BEHAVIOR IS BASED ON A \_\_\_\_\_.**

*Behind every \_\_\_\_\_ is a \_\_\_\_\_ I'm believing.*

*Trying to change my \_\_\_\_\_ without changing my  
\_\_\_\_\_ is a waste of time.*

**WHY IS THIS SO IMPORTANT?** (Romans 8:5-6 NLT)

*Our lives \_\_\_\_\_ in the direction of our  
\_\_\_\_\_ thoughts.*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Am I excited about the \_\_\_\_\_ my \_\_\_\_\_  
are taking me?*

**STARTING TO STAY POSITIVE:** (2 Corinthians 10:3-5)

1. OWN YOUR \_\_\_\_\_: "I AM \_\_\_\_\_ FOR  
MY THOUGHTS."

2. SET A \_\_\_\_\_ FOR YOUR \_\_\_\_\_  
THOUGHTS.

3. TAKE YOUR \_\_\_\_\_ TO \_\_\_\_\_.

